

## Mentoring Service - Dumfries and Galloway



# Someone to talk to Up-date report 2007



**Working together for the young people in Dumfries and Galloway**  
(A Community Regeneration Fund Supported Initiative)

community

planning

implementing a  
shared vision with  
communities in  
Dumfries and Galloway



*Dumfries  
& Galloway*  
COUNCIL



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# Mentoring Service

## Dumfries and Galloway Council

### **Youth Justice Team contact details:**

**Youth Justice Team**  
1 Newall Terrace  
Dumfries. DG1 1LN

**Youth Justice Team**  
72-74 George Street  
Stranraer. DG9 7JS

### **Mentoring Service Contacts:**

Jackie Davies, Mentoring Service Co-ordinator  
Youth Justice Team

Fiona Dyer, Senior Social Worker  
Youth Justice Team

Telephone number 01387 260000  
Email: YouthJustice@dumgal.gov.uk

### **Children and Young Peoples Integrated Substance Service contact details:**

#### **Integrated Substance Service Integrated Substance Service**

Dryfe Road  
Lockerbie. DG11 2AS

Stranraer Academy  
McMasters Road  
Stranraer. DG9 8NY

Telephone number 01387 260000

### **Mentoring Service Contacts:**

Carolyn Mayall, Substance Misuse / Education worker  
ISS - Integrated Substance Service - Children and Young People  
Email: CarolynM@dumgal.gov.uk

Annie McMahon, Manager, Integrated Substance Service  
ISS - Integrated Substance Service - Children and Young People  
Email: AnnieM@dumgal.gov.uk

# Foreword



Beth Smith  
Chief Social Work Officer

On behalf of the Youth Justice Team and ISS (Integrated Substance Service - Children and Young People), I have great pleasure in presenting the Mentoring Service's 2007 up-date report.

The introduction of the Mentoring Service in Dumfries and Galloway was seen as an effective way of further supporting young people in the region who were experiencing difficulties within their lives. These difficulties contributed to them becoming involved in offending behaviour. Mentoring has been identified as a creative approach in addressing the challenges of the rural nature of Dumfries and Galloway, as well as the increased involvement of local people in working with young people from their communities.

Much has been written about mentoring in recent years highlighting that it is an effective form of intervention. Anecdotal evidence also points to the importance of mentoring relationships in this successful development of children. Having a flexible

and responsive service to meet the needs of young people, when they are most at risk, is one of the main strengths of the service. The provision of a mentor offers young people an additional protective factor to counter some of the many risks they face in their daily lives.

The fact that mentoring programmes have been established in so many different arenas is further indication of the growing popularity and acceptance of mentoring as an effective tool for supporting healthy growth and development.

*"It's given me the help I needed to sort out my problems in my life and has set me in the right direction"*  
Young person

Having a Mentoring Service within Dumfries and Galloway is allowing our young people to benefit from such intervention and the growth of the service and partnership working between the Youth Justice Team and Integrated Substance Service is very encouraging indeed.

The following year presents many challenges and one of the priorities will be working towards the identification and securing of continued funding for this important service for many vulnerable young people and their families.

I wish to acknowledge the vision and commitment of staff in the development of an innovative service within Dumfries and Galloway. Well done and congratulations to everyone connected with the service, especially

the mentors, in your continued achievements which have been recognised through the recent CoSLA Bronze Award presented to the Dumfries and Galloway Mentoring Service (appendix 1).

*"My son has difficulty working with people but the mentor managed to connect very well with him and they built up trust"*  
Parent



# Section 1 - Background

This up-date report will give an overview Dumfries and Galloway's mentoring service and report on the progress of the service to date.

The development of the Mentoring Service in Dumfries and Galloway was identified as a creative approach in addressing the rural nature of Dumfries and Galloway and the increased involvement of members of local communities in working with young people from their communities. Not only has the service achieved both these aims, but it has also brought an additional employment opportunity to areas with several mentors moving onto either full-time social care work or full-time study in this area.

*"I've noticed a big change in him and he's now on his best behaviour at school. He's thinking before he opens his mouth, he really is a changed boy"*

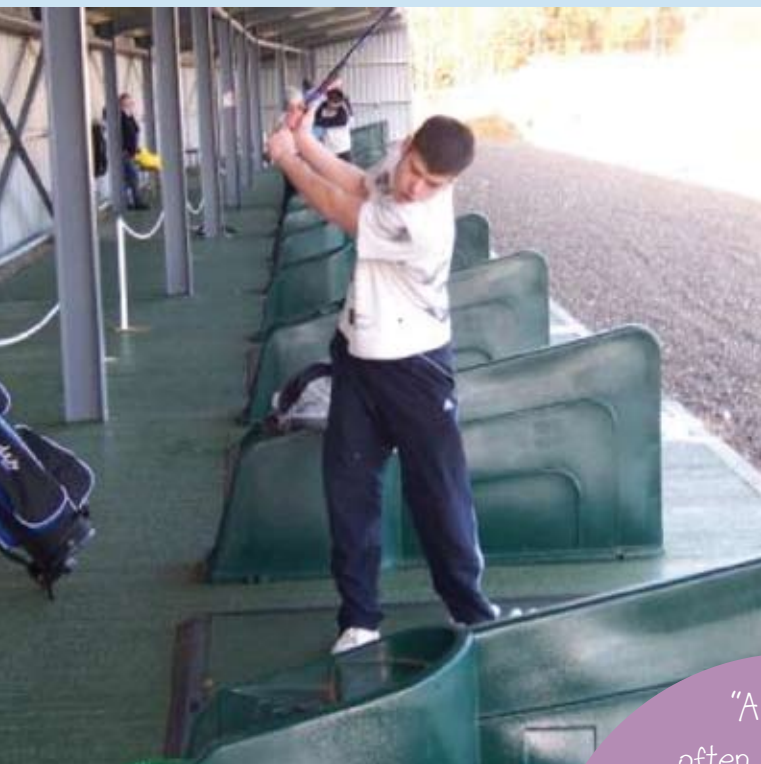
Parent

The Mentoring Service was established in 2003 following a successful Better Neighbourhood Services Fund Application (BNSF). The service was identified as meeting the social inclusion requirements made by the Scottish Executive by providing an Intensive 'Mentoring Service' for young people (12-18 yrs) identified as being at risk and disenfranchised within their own communities due to their lifestyles and associated behaviours, including offending behaviour.

It was also identified that through this service, as outlined in the Scottish Executive publication "For Scotland's Children", support will be offered to young people in building their confidence and competence upon entering adulthood. One of the main objectives of the Mentoring Service would be the promotion of 'active citizenship' in relation to the young people involved with the service. One of the methods in achieving this would be the encouraging and supporting of these young people to gain access to and therefore be included in universal services such as youth clubs, sports centres, activity groups etc.

It was recognised that such a service would also offer additional support to appropriate young people who are 'looked after'. The incidence of youth crime for 'looked after' children is higher than those committed by other young people and must be reduced to improve their life chance outcomes, to improve community safety records and to reduce the spiralling costs of the adult criminal justice system.





The Youth Justice Team established its mentoring service in 2003, when 6 mentors were employed. Initially the mentoring service only covered the East of the region. The service now covers the whole of Dumfries and Galloway and subsequently merged with the Integrated Substance Service Mentoring Service.

This service has continued to grow to the present point (August 2007) where there are currently 25 mentors working with 35 young people and a further 19 who have recently been trained. These newly trained mentors will be matched with young people in the near future further increasing the number of young people receiving mentoring support. The Youth Justice Mentoring Service has helped many young people and their families, by acting as an additional preventive measure to combat the risk factors as outlined above. Without this service, many young people, their families and communities would suffer.

The mentoring service is a strand of the multi-agency Youth Justice team, and the Integrated Substance Service - Children and Young People (ISS), based in Dumfries and Galloway.

The Youth Justice Team was set up as a result of the Scottish Executives review of youth crime paper 'Criminal Waste: Stop Youth Crime Now' and receives funding directly from the Scottish Executive. The ISS is funded by the Scottish Executive, NHS D & G and Aberlour Child Care Trust.

Using mentoring work with Young People at risk and with young offenders is a comparatively recent innovation. This entails longer term work on a one to one basis with young people in the community, and has necessitated the recruitment and support of mentors who are better able to respond to more challenging relationships than the general run of projects.

"I support them with their education college applications, writing CVs and letters to employers. We do fun things as well and have kept a photographic record of our outings"

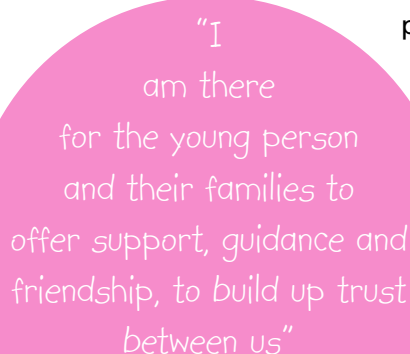
Mentor

"Although often challenging mentoring can sometimes make a positive difference to the young person, making it very rewarding to the mentor"

Mentor

# Section 2 - Mentoring

## Mentoring – an overview



*"I am there for the young person and their families to offer support, guidance and friendship, to build up trust between us"*

Mentor

Formal mentoring programmes such as the Youth Justice/ISS mentoring service address the needs of at risk young people by structuring relationships that might not happen. For the young people at risk the extra attention and guidance afforded by relatives,

neighbours and others in their community is often not available. The pro-social modelling approach, which underpins the Mentoring Scheme, has proved itself in fulfilling this role through the level of change (including a clear reduction and in some cases cessation of offending and antisocial behaviour) in the young people's behaviour and attitude in relation to many aspects of their lives.

These aspects of the young people's lives include generally recognised risk factors that exist in several domains such as: - community, family, school and personal/peers. Other contributory risk factors associated with these domains include poverty, availability of substances (including alcohol), family conflict, academic failure, peers who are engaged in anti social behaviour, the inability to gain positive attention and engage in healthy relationships.

The very presence of a mentor in a young person's life can help to reduce isolation and provide needed supervision and support. A positive adult role model offers new perspectives to the young people who live in situations where they are often faced with violence, substance abuse and many other negative influences.

In recent years, much has been written about mentoring as an effective intervention and anecdotal evidence points to the importance of mentoring relationships in children's successful development. The fact that mentoring programmes have been established in so many different arenas is further indication of the growing popularity and acceptance of mentoring as an effective tool for supporting healthy growth and development.

The strength of mentoring may come from the fact that mentoring can impact many different risk factors and can support many different protective factors at the same time. Certainly, within Dumfries and Galloway, one of the main strengths of the service is its flexibility and responsiveness with many of the young people being engaged in the mentoring relationships during the evening or at weekends, which are often identified as the higher risk times. A mentor's presence can provide a young person with supervision and guidance, skills training, career or cultural opportunities, knowledge of values, a sense of self worth, and perhaps the most important, goals and hopes for the future.



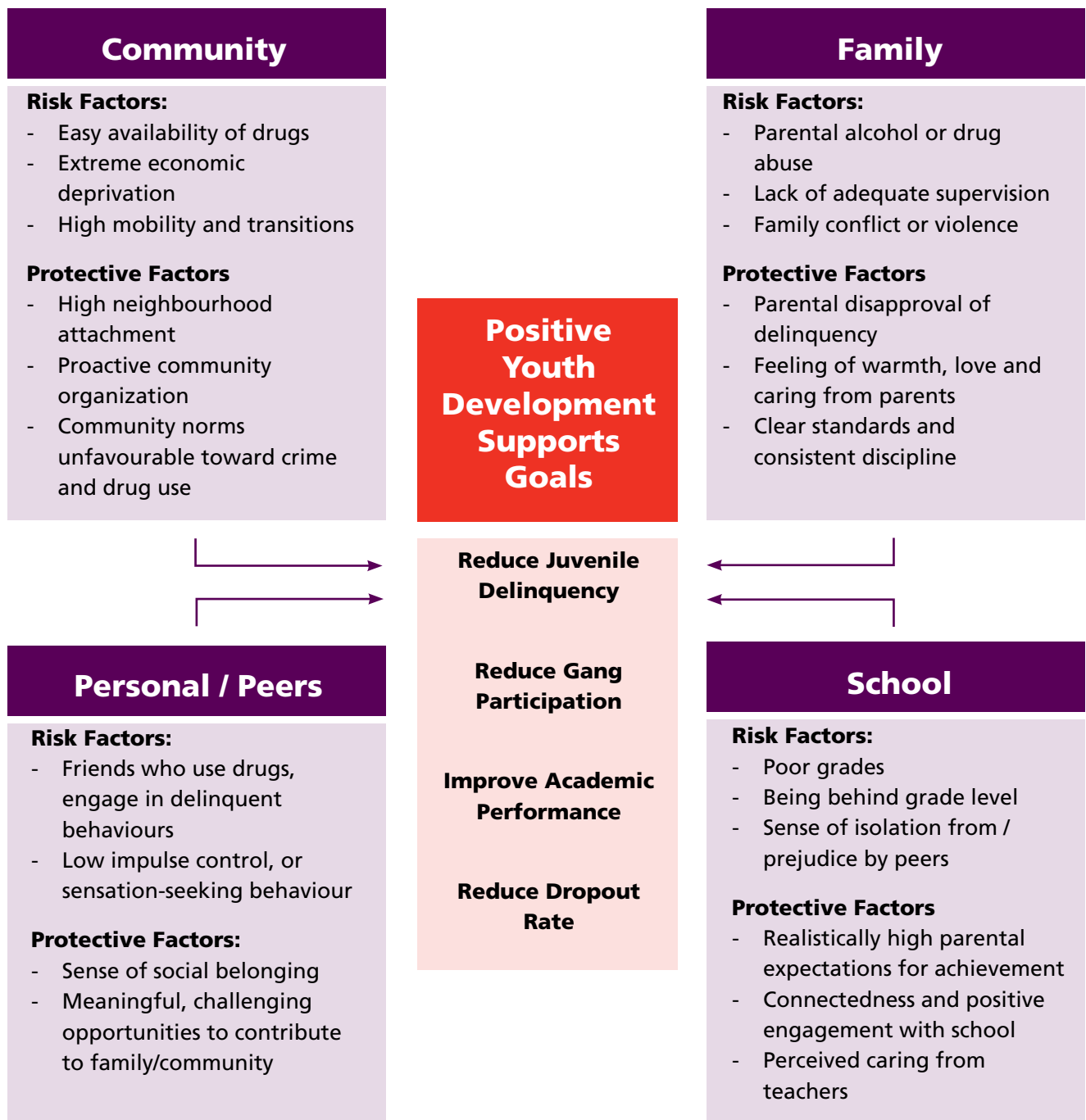
*"It's good because I have someone to talk to"*

Young person



# Section 2 - Mentoring

## Exhibit 1:1 Examples of Risk and Protective Factors



Source: Risk and Protective Factors adapted from Juvenile Mentoring Programme, 1998 Report to Congress, Office of Juvenile Justice and Delinquency Prevention

# Section 2 - Mentoring

## Supporting Communities

The majority of mentors are local people recruited from the local communities that the young people live in. This encourages local people to take responsibility for young people from their communities. This approach starts to address the issue of community involvement and empowerment while addressing the issue of young people feeling isolated and alienated in their own communities.

Albeit on a small scale, the Mentoring Service provides employment and career opportunities for local people that previously didn't exist. This has been reflected in the fact that several mentors have moved onto to full-time work or further education in related areas. The contribution to the local economy has become an increasingly important element of the service with mentors being supported in this area through the provision of and access to training alongside individual support from the Mentoring Service Co-ordinator.

## What Mentors Provide

- Supervision & Guidance
- Skills Training
- Career or culture opportunities
- Knowledge of values
- Sense of self-worth
- Goals
- Hope for the future

# Section 3 - Referrals

## Referrals

The service accepts referrals for and from young people and the criteria includes;

- young people involved in offending behaviour
- physical, psychological or other problems related to substance misuse
- young people who are deemed to be significantly at risk of developing substance misuse problems, who might include:
  - looked after/accommodated young people
  - young people excluded from school
  - those involved in youth/criminal system
  - those who have problematic substance misusing parents.

Referrals are accepted from young people, parents and carers, schools, social work, health agencies, community learning and other agencies. Referral forms are included in Appendix 2.

There are a number of mentors in place throughout the region and referrals can be made by case managers.

For the appropriate information and paperwork, there are two referral forms one to be completed by the relevant worker and the other to be completed by the young person (with assistance if required).

### Forms should be returned to:

Jackie Davies, Youth Justice Team or  
Carolyn Mayall, Integrated Substance Service.

"I  
wouldn't have  
thought about a job  
a year ago, she helped  
me think about my  
future"

Young Person



# Section 4 - Youth Justice Team

"Without the involvement of a mentor this young person could have been looking at a very different outcome. He has not come to my attention since for re-offending."

## Youth Justice Team – an overview

The Youth Justice team is a multi-agency team comprising representatives from Social Services,

Police, Health, Education, Sacro (Safeguarding Communities - Reducing Offending) and most recently the regional parenting services co-ordinator.

The team was set up as a result of the Scottish Executive's review of youth crime paper 'It's a Criminal Waste: Stop Youth Crime Now', and receives funding directly from the Scottish Executive.

One of the team's main functions is to work with young people aged between 12 and 17 years who are involved in offending behaviour and antisocial behaviour. This work is undertaken on a one to one and group basis through the teams Persistent Offenders Programme (POP). The young people who will be considered for this service are those who have been assessed as being at high risk of re-offending. The risk assessment is made in the form of an accredited assessment tool and is carried out by trained staff

The work with the young people consists of structured individualised intervention packages, focussing on the young person's cognitive skills, offending behaviour and criminogenic needs. The aim of this intervention is to reduce the risk of re-offending.

Referrals can be made by Children's Services, the Police and the Reporter to the Children's Panel. The team has a region wide remit and will therefore work with young people anywhere in the region.

## Youth Justice Restorative Justice Service

The multi-agency team also provides a Restorative Justice Service for young people between the ages of 8-years to 17-years inclusive. Sacro as part of the Youth Justice Team presently manage and implement this service in Dumfries and Galloway. The main aims of this service are:

- To provide restorative approaches between persons harmed and persons responsible
- To provide a constructive method of addressing offending behaviour by young people within their communities
- To contribute to community safety

## Youth Justice Procurator Fiscal Diversion from Prosecution Service

15½ year to 17 year olds who are referred to the Procurator Fiscal can also be considered for the Diversion from Prosecution Service. The service provides an opportunity for young people to take part in a one-to-one or groupwork programme over a 3-month period as an alternative to prosecution. Young people are expected to participate fully in this programme and refrain from further offending during this 3-month period.



# Section 5 - **Integrated Substance Service**



## **Young People's Integrated Substance Service – an overview**

ISS is the outcome of an innovative multi-agency partnership agreement between the Local Authority, NHS D & G and Aberlour Child Care Trust that provides assessment, action planning and evidenced interventions (including a prescribing service) to children & young people (C&YP) up to the age of 18 years across Dumfries & Galloway.

The specialist service provides a multi-agency/ disciplinary team approach with qualified and experience health, local authority and voluntary sector staff with the overall aim of reducing substance misuse related harm to C&YP and their families.

It provides an holistic core assessment, action planning and evidenced intervention programme to C&YP who have substance misuse (including alcohol) and multiple-complex problems and/or those C&YP who live/have lived in households where substance misuse (including alcohol) is problematic and who are/have been

impacted upon by that misuse as well as other bio-psycho-social problems

In addition the service will act on a consultative basis with other agencies requiring advice on open cases, will provide advice and information to families and other agencies/services as well as providing targeted early Brief Intervention programmes including groupwork

The service currently has two bases in the West and East of the Region and aims to provide equity of access and service provision across the Region. Therefore staff will visit the young person and their families wherever that young person is most comfortable and/or can easily access. This provision includes home visiting when and if appropriate.

Referrals to the service can be made by agencies involved with the young people, GP's, parents/ carers and accepts self-referrals from young people themselves.



# Section 6 - Statement of Purpose

## Mentoring Service Dumfries and Galloway - Statement of Purpose

To promote community safety and social inclusion in Dumfries and Galloway by contributing to a reduction in youth crime and young people's harmful substance misuse (including alcohol). This will be achieved through working in partnership with young people, victims and communities, in a programme of change founded on the principles of restorative justice which also promotes alternative healthy lifestyles through the use of positive role modelling etc.

Through this service, as outlined in the Scottish Executive publication 'For Scotland's Children', support will be offered to young people in building their confidence and competence upon entering adulthood.

One of the main objectives of the Mentoring Service will be the promotion of 'Active

Citizenship', in relation to the young people involved with the service. One of the methods of achieving this will be by encouraging and supporting these young people to gain access to, and therefore be included in, universal services.

Such a service will also offer additional support to appropriate young people who are 'looked after'. The level of involvement in youth crime and/or substance misuse for 'looked after' children is much higher than for the general population of young people. A reduction in this level of involvement will enhance the life chance outcomes for looked after young people including a reduction in the number progressing into the adult criminal justice system. It is also hoped that this will contribute to improved community safety with a reduction in the level of offending and antisocial behaviour by young people receiving mentoring support.

The partnership between Youth Justice and Dumfries and Galloway Integrated Substance Service to deliver a Mentoring Service will

- prevent gaps and overlaps through an integrated approach;
- ensure that all the needs of this group of vulnerable children and young people are addressed;
- provide best value

It is also envisaged that other service providers such as Social Services: Children and Families teams; Leaving Care Services; Criminal Justice Services (16 & 17 year olds) and Education Support Services would have the potential of gaining added value through the Mentoring Service.

*"My mentor has really helped me. She told me to stay out of trouble and that is what I have done. She's given me a lot of things to do and I've listened to her"*  
Young person



# Section 7 - **Aims**

## **Mentoring Service Dumfries and Galloway - Aims**

The following aims, which were identified as contributing to the achievement of BNSF (Better Neighbourhood Services Fund) objectives, also clearly contribute to the achievement of the objectives of the National Standards for Scotland's Youth Justice Service (Scottish Executive 2002) and the action points of the Dumfries and Galloway Youth Justice Strategy 2004 – 06.

These aims are as follows:

- To identify and engage young people who are involved in lifestyles and associated behaviours which will ultimately compromise their well-being and potentially lead to them being further disenfranchised within their own community.
- Support young people involved with the Mentoring Service in identifying and engaging with services that will enhance and ultimately benefit their life situations. This would also contribute to an overall increase in the uptake of information, advice and support services.
- Being part of a comprehensive range of services in tackling the incidence of youth offending and substance misuse and ultimately contributing to safer and more inclusive communities.
- To increase the number of young people who have a level of self-esteem, skills and well being which equips them to constructively contribute to the social and economic infrastructure of communities.
- Through appropriate use of mentoring and the positive social modelling provided by the mentor, increase the likelihood of social inclusion and integration of the young person within their own communities, thus contributing to the culture of active citizenship.

The aim of our mentoring service is to use mentoring in a calculated way to boost positive characteristics in the young person, modifying undesirable aspects of their behaviour and removing barriers, which prevent them from feeling socially included and valued.

The desired outcomes fall into 3 categories:

### **Behavioural**

- Improved academic progress, improved attendance, reduction in exclusion rates.
- Achieving aspects of agreed career action plan, overcoming barriers in accessing training and employment.
- Developing positive relationships with adults
- Making more constructive use of leisure time

### **Personal Qualities**

- Increased confidence
- Increased self esteem

### **Skills**

- Increasing capacity to problem solve
- The ability to initiate and sustain actions
- Handling relationships with adults and managing emotions.

## Section 7 - Aims



A range of roles are assigned to mentors to achieve these aims, such as one to one support, listener, confidante, advising, assisting, encouraging, motivating, acting as a role model.

Mentoring is not a panacea that will magically cut crime long term, reduce exclusion and reduce youth unemployment at a stroke. It is however a valuable form of practice, which can address many of the needs of socially excluded young people.

It has been found that the ways in which adult mentors and young people related to each other, rather than their identity or activities, were the distinguishing factors between satisfied and dissatisfied mentor pairs.

Among the traits identified as producing satisfying relationships were factors such as;

- The mentor understood the young person's reluctance to trust
- The mentor understood that initially the relationship would be one way
- The mentor identified the young person's interests and took them seriously and did not criticise or preach at them
- The mentor attempted to relate to the young person's experience but did not pry into private matters
- The mentor attempted to understand the young person's family



# Section 8 - **Funding**

## **Mentoring Service Dumfries and Galloway - Funding**

The Dumfries and Galloway Youth Justice Mentoring Service was initially funded in 2003 for a 3-year period through the Better Neighbourhood Services Fund (BNSF). In the final year of this funding the Children and Young Peoples Substance Service (ChyPSS) applied for and also received BNSF funding for a Mentoring Service to support young people involved with them. At this stage both services agreed it would be desirable and beneficial to work closely together in the development and provision of a Mentoring Service.

This close working resulted in the successful submission of a joint-application to the Community Regeneration Fund (CRF) for a region-wide Mentoring Service. CRF awarded up to £75,000 per annum for 2006-07 and 2007-08 in support of the region-wide Mentoring Service in relation to the designated CRF areas.

For 2007-08 the funding was further enhanced by the allocation of £5,000 from the Local Action Fund to deliver the service in Annan which is a non designated CRF area. There was also £10,000 allocated from the Looked After Children Raising Educational Attainment development to provide mentors to specifically identified young people through that initiative.

Presently no funding source has been identified to continue to support the Mentoring Service when the present funding ends in March 2008.



# Section 9 - Evaluation

## Mentoring Service Dumfries and Galloway - Evaluation

Anecdotal evidence would suggest that having a mentor impacts on and reduces offending behaviour.

Through the 3-year Better Neighbourhood Services Fund period there has been annual monitoring and evaluation in relation to the key outcomes and how these will be measured. This monitoring and evaluation includes measuring key outputs such as:

- Numbers involved in the service and length of involvement
- Youth Level of Service / Case Management Inventory (YLS/CMI) score (risk and needs assessment scoring and rescoring)
- CRIME – PICS 2 score (psychometric testing around attitudes/thinking to offending)
- Level and frequency of client contact
- Level of contact with other agencies
- Level of offending (during and following service involvement)
- Level of school attendance (where appropriate)
- User, family and other professional feedback

The outcomes for the majority of young people involved in the mentoring service were extremely positive, especially in relation to the overall reduction in the level and seriousness of crimes committed. Initial results would suggest that young people who sustain the mentoring relationship have drastically reduced or ceased offending. Considering the majority of these young people were identified as persistent offenders (Scottish Executive criteria of 5 offending episodes in a 6-month period) these results are very encouraging and merit more in-depth scrutiny.



The mentoring service has supported the Youth Justice and ISS Team by offering another dimension to the service that not only reinforces the work undertaken, but complements this work through helping and supporting the young people in their communities and encouraging pro social behaviour. The feedback from the young people and their families has been very positive about the mentoring service and what it has meant for them. In many cases the young people and their parents have identified the Youth Justice/ISS Mentor as the main influence in creating behaviour and attitudinal change. Examples of this are clearly shown in the Dumfries and Galloway Youth Justice Mentoring Service DVD titled "Somebody to talk to", and from evaluation forms. Feedback from other professionals, including social workers and teachers also indicates that the service has a positive impact on the young people involved.



## Section 9 - Evaluation

# Feedback includes

### What young people involved in mentoring have gained

*"I have more patience"*

*"It's easier to talk to people (Social Work Services) with her there to support me"*

*"She keeps on at me to go to my appointments with her, places that I wouldn't have bothered going myself, she keeps me right"*

*It's good because I have someone to talk to"*

*I'm meeting new people and getting on better with other people"*

*I'm going different places and I feel my confidence has improved"*

*"It's given me the help I needed to sort out my problems in my life and has set me in the right direction"*

*"It's a great service, more people should be given a chance to have it"*

### Parents' Perspective

*"I have felt very involved in the whole process there is nothing I would change about the service"*

*"My son has difficulty working with people but the mentor managed to connect very well with him and they built up trust"*

*"My son does not trust easily but the mentor worked hard to change that with great results"*

*"It's had an impact on his behaviour and he is more responsible"*

*"He needed someone to talk over his problems and give him advice on how to handle things"*

*"He has calmed down, talks to us now, and looks forward to his meetings with his mentor"*

*"His meetings are confidential the mentor understands young people and our son trusts him"*

*"I think more young people would benefit and would find life easier".*

### Feedback from Professionals

*The mentoring service for xxxxx has turned his life around and given him the opportunity to explore a life which does not involve offending behaviour.*

*"The mentor's presence does impact on xxxx behaviour and as such has been seen as invaluable. It has been successful in diverting xxxx from a significant pattern of offending."*

*The mentoring service can be tailored to offer a valuable service to young people from varying life experiences and backgrounds.*

*In my view the service has been and continues to be a resounding success. It is a very real asset in supporting young people and helping them to re-evaluate their lifestyle.*

*Without the involvement of a mentor this young person could have been looking at a very different outcome. He has not come to my attention since for re-offending.*

# Section 10 - The Way Forward

## The Way Forward

This up-date report has outlined the progression of the mentoring service and changes throughout the past four years, as well as highlighting the benefits of such a service to the young people, their families, communities and professionals involved.

The main developments over the past four years have been:

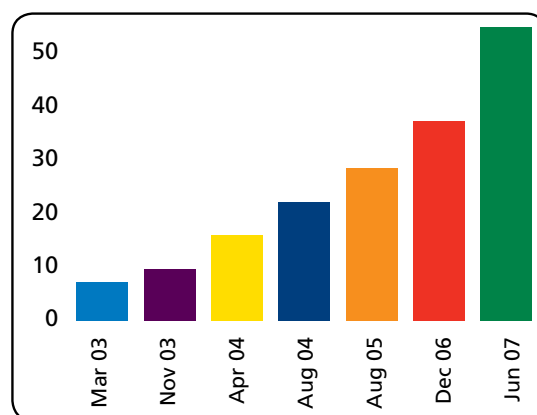
- Working in partnership with the Integrated Substance Service for children
- A change in funding from the Better Neighbourhood Services Fund to the Community Regeneration Fund and
- The overall growth of the service

The Mentoring Service has helped many young people and their families, by acting as an additional preventative measure to combat the risk factors as outlined within this report. Without this service, many young people, their families and communities would suffer.

The Mentoring Service has supported the Youth Justice Team and the Integrated Substance Service by offering another dimension to the services that not only reinforces the work undertaken, but complements this work through helping and supporting the young people in their communities and encouraging pro social behaviour.

The feedback from young people and their families has all been very positive in relation to the mentoring service and what it has meant for them. In many cases the young people and their parents have identified the mentor as the main influence in creating behaviour and attitudinal change. Examples of this are clearly shown in the Dumfries and Galloway Youth Justice Mentoring Service DVD , "Somebody to talk to". Other professionals have also placed values on the service through witnessing the results for the young people involved.

The Mentoring Service has grown from 6 mentors in 2003, to 44 mentors in 2007. This demonstrates that demand on the service has continually increased, as shown in the table below. This has allowed more young people to benefit from the service, by building relationships with pro-social adults, being linked into pro-social activities within their communities, by giving them someone to talk to, impacting upon their behaviour and linking many into further education, training and employment.



March 03	6 mentors
November 03	8 mentors
April 04	13 mentors
August 04	18 mentors
August 05	23 mentors
December 06	30 mentors
June 07	44 mentors

Currently, there are 35 young people matched to mentors, 90% of which are accessing healthy lifestyles and are supported in assessing/ maintaining educational or training opportunities.

To date, 119 referrals requesting Mentors have been received. From these, 112 young people have been or are currently being matched to a mentor and are receiving a service.

Based on the clear success of this innovative and imaginative service to date, with many young people and their families being supported, it is of the utmost importance that priority is given towards the identification of future funding for this service.

The enclosed DVD "Somebody to talk to" offers an insight into the Mentoring Service including the views of young people and parents.

# Appendix 1



# Appendix 2 - Referral Forms

## Youth Justice and Young Peoples Integrated Substance Service – Mentoring Service

### Agency Referral Form

CONFIDENTIAL INFORMATION

Has the individual been cautioned/charged?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Has the individual had a police warning?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Is the individual on a Supervision order?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Is the individual likely to re-offend?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>

Name

D.O.B

Address

Post Code

Contact Telephone Number

Ethnic Background

Gender

Disability

# Appendix 2 - Referral Forms

## Referral Agency Information

Agency Name

Address

Phone No:  Contact Person

What do you think the individual will get from the service?

How willing is the young person to participate in the service?

Do you anticipate there being any difficulties with them if they were to join to service?

YES / NO (if yes please expand)

Please tell us about their offending history?

Will you be offering any further support to them?

To your knowledge, are there any other agencies involved with this young person?

To your knowledge, what other support do they have? (family/friends)

If known, please state their current family situation?

Please give details of Parent/Carers (if different from young person)

1. Name

Address

Post Code  Tel.No

2. Name

Address

Post Code  Tel.No



# Appendix 2 - Referral Forms

## Youth Justice Integrated Substance Service

### Children and Young People

#### Young Person's Application/Referral form for Mentoring

Where possible, this form should be completed by the young person with support from the worker.

Name:	
Date of birth:	
Age:	Male / Female
Address:	
Telephone No:	
Who is referring you to this service:	
Do you have any disability or any health problem that you think we should be aware of? YES (please state) / NO	
What are your daytime activities?	
Full time education: Yes / No	
Name of school :	

Do you think you would benefit from having a mentor to support you? (please tick)

Yes ☐ No ☐ Not sure ☐

(If no, then consider whether the young person needs additional support and alternative methods of providing this. In such cases, form only needs to be completed if useful to the process of identifying support needs and alternative sources of support.)

# Appendix 2 - Referral Forms

Please tell us which of the below would apply to you? (please tick as many as you like)

Confident ☐      Outgoing ☐      Assertive ☐  
Uncertain ☐      Quiet ☐      Lacking in confidence ☐

Has your behaviour ever caused you or others problems? e.g losing your temper, drug usage etc (please be as open as you can; this will help the service to match you with a suitable mentor).

How might a mentor help you? (Tick as few or as many as you like)	Yes	Maybe	No
By providing help with practical tasks (e.g. form filling)			
By being someone to listen to you			
By supporting you with education e.g. helping you with college work or in identifying a course			
By helping you to get advice on certain matters			
By having time to spend with you			

Is there anything else you would like help with?

If so, please let us know below:

What gender of mentor would you prefer?      Male ☐      Female ☐

If possible, would you like a mentor to be from the same racial or cultural background as you? (please tick)

Yes ☐      No ☐      Don't mind ☐

# Appendix 2 - Referral Forms

Please indicate to which ethnic group you belong by ticking an appropriate box:

Bangladeshi	<input type="checkbox"/>	Black African	<input type="checkbox"/>	Black Carribean	<input type="checkbox"/>
Black (other)	<input type="checkbox"/>	Chinese	<input type="checkbox"/>	Indian	<input type="checkbox"/>
Pakistani	<input type="checkbox"/>	White	<input type="checkbox"/>	Other	<input type="checkbox"/>

What age group would you like a mentor to be from? (please tick)

18-30	<input type="checkbox"/>	30-40	<input type="checkbox"/>	40 upwards	<input type="checkbox"/>	Don't mind	<input type="checkbox"/>
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We need to point out that we may not be able to meet your preferences.

Is there anything else that you feel that would be important to you?

e.g. where to meet, how often etc

Signed	<input type="text"/>	Date	<input type="text"/>
(Young person)			

Signed	<input type="text"/>	<input type="text"/>
( worker)		Date

Thank you for completing this form.

**For official use only**

Mentor selected	<input type="text"/>
Date matched	<input type="text"/>



# **Mentoring Service - Dumfries and Galloway**

## **Working together for the young people in Dumfries and Galloway**

Provided in partnership between the Youth Justice Team and the  
Integrated Substance Service – Children & Young People

Report written by  
Jackie Davies, Mentoring Co-ordinator and Fiona Dyer, Senior Social Worker

